# **NEW VISTA CARE HOME**

7232 New Vista Crescent Burnaby BC V5E 3Z3 604-521-7764 www.newvista.bc.ca



# RESIDENT AND FAMILY INFORMATION BOOKLET



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## DONATIONS PLEASE

The New Vista Society is a non-profit organization, and is a registered charity, so donations are tax deductible.

Upon choosing New Vista for Care, many families opt to become monthly donors by contributing \$25, \$50 or even \$100 a month to allow us to enhance recreational therapies and experiences, and replace medical and disinfecting equipment that is broken or is outdated.

Operational support from the Province of British Columbia through Fraser Health is vital. However, donations and community partnerships are equally critical to achieving our vision of care for seniors in greater Vancouver.

For instance, a 2019 donation assisted us to purchase a Clorox Disinfecting device that was an important part of our response to COVID. It allows us to disinfect any area in minutes as part of infection prevention.

Donations help us deliver on our promise of high quality care and support to seniors and families in our community. With your gift, you can help us change the conversation about seniors housing and care. With us, you can ensure that Burnaby and Metro Vancouver remain caring communities where seniors from all walks of life can live and age in place.

Gifts pledged over three to five years, monthly gift commitments and legacy gifts allow you to make a significant difference in the lives of the seniors and residents in our care. We would be delighted to target your gift to specific components of the Care Home, Seniors Day Care, or Housing programs that excite you, and to honour you, your family and your generosity.

Currently, we are raising funds for medical and communication equipment for electronic visitations for residents of New Vista Society's care facility. Our residents are frail; most suffer from dementia; we want to provide the best care possible. Government funding, while appreciated, doesn't cover it all.

We are glad to talk with you about becoming a major patron of the Society. We are delighted to have partnered with the Korean Canadian community who made a \$1.5M donation to allow us to offer culturally sensitive care on our 2<sup>nd</sup> floor. Call our CEO directly if you have interest.

## Donate to New Vista Today

Your gift will help us deliver on our promise of high quality care and support to seniors and families in our community. Thank you.

https://newvista.bc.ca/donate

## Legacy Giving

When you leave a charitable bequest to The New Vista Society in your will, no matter what the size, you will be supporting a tradition of caring and compassion and making a real difference in the lives others.

Contact our Reception for further information



## PHILOSOPHY OF CARE – Person Centered Care

Complex Care is a caring, resident-centered environment that nurtures the holistic wellbeing of clients, supports emotional connections, relationships and community, maximizing an individual's quality of life.

The Complex care population is anticipated to have the following characteristics:

- Individuals with clinically complex and often multiple chronic conditions who may or may not be able to direct their own care.
- Individuals may have significant cognitive impairment that can no longer be managed safely in their home and are experiencing behavioural and psychological symptoms of dementia.
- Individuals having serious personal care needs that can no longer be managed in their home environment.
- Individuals include both frail older adults (80+ years) as well as adults with varying disabilities who need to be in a care environment.
- Specialized needs include:
  - Behavioural and Psychological Symptoms of Dementia (BPSD) due to diagnosis of Dementia or progressive cognitive impairment with or without a mental health disorder.
  - Complex wound care.

Our Care Home values includes respect for the individual, autonomy for decision making, quality of life, personal choice and partnership with families/caregivers. We follow the Fraser Health philosophy of Person Centred Care priority principles:

- Caring practice every moment matters.
- Physical environment.
- Community it takes a village.
- Leadership together we can.
- Trust everything about me, with me.



## OUR SOCIETY'S VISION, MISSION AND VALUES

#### VISION

Our community will have access to high quality healthcare, support, and affordable housing services.

#### MISSION

Create integrated communities that enrich our neighbourhoods by providing healthcare and housing.

#### VALUES

- **Safety** New Vista is committed to building a culture of safety for those we serve and with whom we work. We work together and take action to ensure the safety of all.
- **Respect** We believe in providing a respectful and supportive work environment, and are committed to respecting the dignity and values of each person we serve.
- **Collaboration** We believe we are stronger when we work together towards common goals through mutual commitments, assigned responsibilities, and identifying risks and benefits.
- **Trust** We build relationships based on mutual respect and aligning our behaviours with our values. We speak our truth and act with integrity and authenticity.
- Accountability We keep our word and take responsibility for our actions and results in achieving desired outcomes for those we serve.

## SERVICE DELIVERY MODEL

Complex Care provides 24-hour professional nursing care and supervision in a protective, supportive environment for clients with complex care needs who require a secure housing/care environment to live safely while protecting individuality, dignity and respect.

Care services include:

- An assisted meal service
- Medication supervision
- Personal assistance with daily activities such as bathing, dressing or grooming
- A planned program of social and recreational activities
- Palliative Care approach
- Culturally focused care we have up to 40 beds available to offer culturally sensitive care to Korean Canadian seniors, including a special menu and therapies
- 4 Private care beds that are available call Reception for more information

## 2. MOVING-IN INFORMATION

In order to become a resident at the New Vista Care Home in a funded bed, you must be assessed by a Home Care Nurse from Fraser Health. Eligibility is based on an individual's priority of needs as determined by Fraser Health. For more information, you can call Burnaby Home Health at (604) 918-7447 or the Home Health Service Centre toll free at 1-855-412-2121

#### MOVING-IN

The Care Home can usually provide only 24 hours' notice when a room becomes available. Please see the Receptionist at the Front Desk upon arrival in order for you to be greeted and escorted to your room by a staff member.

In order to ensure that we have your full consent to provide care and treatment, share your personal information with other care providers and arrange services on your behalf, there are a number of forms that must be completed on the day you move in. These forms must be returned to our Welcome Person at the Reception within seven days of admission.

## FORMS TO BE COMPLETED BEFORE OR ON ADMISSION DAY

Finance, Care and Service Consent Forms

- Financial Responsibility Form
- Pre-Authorized Payments (PAP) Authorization
- Authorizations for Resident Trust Account Withdrawal
- Consent and permission Forms (including: Dental Care, Foot Care, Optometry services, Massage and Hairdressing).
- Request for Pharmacy expenses authorization

It is important that you have a Power of Attorney (POA) document for financial decision making and document outlining health care decision making such as a Representation agreement.

We also require medical information from your family doctor; we will arrange to receive this information.

## MEDICAL CARE

New Vista has a Medical Director who is onsite weekly and works closely with the clinical team. You may keep your own physician if he/she is able to visit New Vista and is willing to comply with our Standards of Medical Practice. If your physician is unable to continue, we will arrange for a physician who attends other residents in our Care Home.

# If you have already received a Pneumovax vaccination and/or the annual "Flu shot" please let your physician and the nurses at the Care Home know.

Medical coverage remains your responsibility. For those receiving the Guaranteed Income Supplement, the MSP fee is paid for by Continuing Care once you are a resident at the Care Home. If you have extended medical third-party coverage, please inform:

#### Medical Pharmacies at 604-872-6762

The Clinical Manager at New Vista is available to assist you and your family in a variety of ways, including:

- Request for transfer to a different care facility
- Reuniting with your significant other who resides in another facility

 To answer questions and / or concerns that you have in regards to living in a residential care facility

## FURNITURE

Basic furnishings provided include: a bed, a chair, nightstand and dresser with a wall mount for your personal flat screen TV (32-50 inch). You may bring some pictures, a special blanket, TV and radio. The TV and radio should be checked by our maintenance staff to ensure it is functioning properly and must be CSA approved. Old style box shaped TV's are not permitted.

For resident safety the following items are **<u>not</u>** permitted in individual rooms:

Refrigerators	Kettles, Microwaves, Irons
Book cases	Rugs (slipping hazard)
Heating pads	Electric blankets

Space is limited and to ensure a safe environment, we request that you talk to your Care Manager before moving any items into the Care Home. You may check out our web site for a picture of the rooms

2. SERVICES

### RESIDENT CARE

The overall operation of the Resident Care Department is under the supervision of the Director of Care and Clinical Managers, in close collaboration with the Manager of Recreation & Therapeutic Programs.

All residents have a primary nurse who is responsible for the Care Plan and is your everyday "Go-To" person.

There are Nurses on duty 24 hours a day and they are all able to support you with any inquiries. Care Staff are compassionate, respectful and committed.

Your Clinical Manager (CM) will be assisting you with the admission process and works in close collaboration with the rest of the team. Please contact the CM for problem solving and relationship building. We consider the family an essential part of the team. The CM will assist you in navigating the new community that you are moving into.

### Care Conferences

An individual interdisciplinary conference is held approximately six weeks after your move-in. The purpose of the conference is to discuss Goals of Care (GoC) and the Care Plan.

## WHAT TO BRING

### Toiletries

You will need to bring your own toiletries such as toothpaste, polident, hairbrush, body cream, aftershave, deodorant, etc. Electric shavers are required for all male residents. All items need to be **labelled and replenished** on a regular basis. Many basic toiletries are available in the Vista V's Boutique on the first floor of the Care Home.

## Clothing

Consider easy care and limited storage space when preparing your wardrobe. It is helpful if family is able to provide storage for off-season clothing. Wash and wear clothing are encouraged. Wool and delicate fabrics are at risk of damage if washed in our large industrial machines. We cannot guarantee these fine items will be preserved if sent to the laundry. Please make sure you have enough clothing for one week of daily changes to allow for any delays in return of laundry, or, in the event of illness, for more frequent changes. Personal laundry is returned to you at a minimum of twice a week.

Please send all clothing to laundry on move-in day for labelling prior to use. There is a one-time fee of \$45.00 for this service. When articles of clothing are brought in after moving-in, take the items directly to the laundry for labelling.

### Laundry

Personal and Care Home laundry is washed in-house. It normally takes 7 days for laundry to be returned to the resident's room. Sheets and towels are provided and laundered. You may use your own if preferred. Please have the laundry staff label your sheets and towels. Should you wish to take the laundry home, please connect with your nurse.

#### Footwear

Footwear should include supportive shoes and non-slip slippers for safety as floors can be slippery. Non-slip socks are available for purchase at the Vista V's Boutique on the first floor of the Care Home. Ensure these items are labelled with your name.

### Bathing

Each room is equipped with a sink and toilet area. Sponge baths will be provided to you daily with the help of the staff as you require. In addition, a full shower or deep spa tub bath will be provided on a weekly basis.

## FOOD SERVICES

The Food Services Department falls under the direction of the Manager, Support Services and the Clinical Dietician. Shortly after your arrival, our Dietitian will visit you to discuss your nutritional requirements and food preferences. Food Services have a four week rotating menu with choices at all meals.

Families may bring a favourite food for their loved ones but NOT to share with other residents. Residents are often on special diets and are restricted to not only foods but textures that they can safely eat. We have a responsibility to keep our residents safe and thank you for respecting other's needs.

The Dining Rooms are located in each of the villages. Hot meals are offered at lunch and dinner. Meal times are as follows:

When you move in, you will be given a place to sit in the dining room. We hope you will enjoy your tablemates. Your nurse will assist if you wish to change tables.

If you are ill, temporary meal delivery/tray service to your room will be arranged.

Guests may join you for meals. Contact our Receptionist at the welcome centre by 10:30am for lunch and by 4:00pm for dinner to make a reservation. Please purchase your meal ticket at the front desk to give to the server. The tickets are \$6.00 and residents always eat for free. Menus are posted in the dining rooms.

Afternoon tea is served daily at 2:30pm in the dining rooms. Evening snacks are also provided.

If you will not be present for a meal, please notify any member of the Care Team.

### Food in Rooms

For health and safety reasons we discourage you from having perishable food in your room. **Personal refrigerators are not permitted in resident rooms.** 

## Catering

Catering may be available upon request. To arrange for large family meals or parties, contact the Manager, Support Services. This is a great way to celebrate family events without leaving the Care Home.

## HOUSEKEEPING

Housekeeping staff will routinely clean rooms and all public/service areas.

## MONEY, VALUABLES AND LOST ITEMS

Family/Resident hold responsibility for all personal items. Costume jewellery is recommended in place of valuable items that could go missing.

New Vista is not responsible for any damage or loss of:

Hearing aids	Jewellery	Glasses
Clothing	Dentures	

The staff of New Vista will do their best to help residents locate lost items. However, we are in no way responsible for lost or stolen items or their replacement.

Each resident and their family is responsible for their personal items, i.e.: hearing aids, dentures, eyeglasses, jewellery, clothing, etc. Lost clothing is available to be identified and picked up in the Laundry. For other items, the lost and found is located at reception. Eye glasses, hearing aids, dentures and mobility aids should be labelled prior to admission.

We suggest you insure hearing aids, dentures and eyeglasses

## THERAPEAUTIC SERVICES

#### Recreation

Recreation programs are designed to enhance quality of life through therapeutic recreation and rehabilitation services. This is done through creative recreation programs that focus on resident's strengths, skills and abilities. Programs provide a holistic approach by incorporating social, physical, emotional, cognitive and spiritual domains of each person. Each resident is valued and understood for their uniqueness Programs

occur on each floor and families are welcome to attend. The monthly recreation calendars can be viewed on our web site (www.newvista.bc.ca).

### Music Therapy

Music speaks when words cannot. Our accredited Music Therapist uses music to help people cope more effectively with their lives and challenges. The goal of music therapy is not to promote musical ability, but rather to develop the potential of each person involved. Through groups and individual opportunities the Music Therapist encourages singing, instrument playing, rhythmic movements, improvisation and composing for residents to express themselves. Music therapy programs help promote the cognitive, physical, emotional and spiritual health of residents living here.

### Physiotherapy and Occupational Therapy Services

New Vista has part time access to these services. There are also Rehab Aides on staff to carry out recommended personalized activation programs. Referrals are made by the nursing staff when a need is identified such as fall risk, use of lifts and medical equipment needs (walkers and wheelchairs). Our goal is to optimize physical function however this is not a rehabilitation facility. New Vista will provide a basic wheelchair funded by Fraser Health if it is needed. If a specialized wheelchair is required, cost is the responsibility of the resident/family. If this need is identified, the therapist will get in touch with the family to arrange purchase.

### **Injury Prevention**

We strongly encourage all Residents to purchase and wear **hip protectors**, there is an information/order form included with your admission package. More information may be obtained from your nurse. Hip protectors usually last approximately 9 months and will then need replacing. We suggest the purchase of three pairs. Hip Protectors cost between \$75.00 - \$90.00 depending on brand and need.

## HEALTH CARE SERVICE PROVIDERS

Please make sure that the funds for a service are in your account before the service provider's visit, or the service will <u>NOT</u> be provided. A consent form for services is provided in your Move-In Package as well as trust authorization. Family are responsible for ensuring adequate funds are available and that there is authorization for the trust account.

## Dentist

Oral health is vital to a person's well-being. Problems with teeth, dentures, or gums can cause poor eating or be the unseen cause of pain, confusion, or infections. A dentist and hygienist visit the Care Home regularly and provide dental service from the clinic on the first floor. You are responsible for payment of any assessments and treatments. Please ensure you read and complete the consent for Dental Care Services. It is legislated that you are seen by an oral health care provider annually, even if you wear dentures. If you choose not to be seen by our Dentist, please indicate on the consent form which dentist you will be seeing in the community. If you wear dentures please have them marked with your name prior to moving in. Residents are responsible for having all dentures labelled (engraved) for identification purposes.

## Foot Care

Basic foot care is provided by the New Vista staff, however, as one ages, foot and toenail care can become more complex. We have contracted with specialized Foot Care Nurses to ensure your foot care needs are met. Please read and sign the foot care services consent form.

## Optometry

Eye health is critical for your safety. Our mobile Optometrist comes to New Vista on a regular basis to provide you with the convenience of having eye exams and purchasing eye glasses right within the building. If you are interested in having an eye exam or need new eye glasses, please review and sign the consent in the moving in package. If you wear glasses, please ensure they are engraved with your name prior to moving in.

## PHARMACY

**MEDICAL PHARMACIES** provides the medication for all residents at New Vista. When you move into New Vista, all of your prescriptions will be filled by Medical Pharmacies in pouches and dispensed by nursing staff. Credit application forms are included in your move in package, please complete and return directly to the pharmacy in the envelope provided.

No medication (including over the counter drugs) or alcohol is to be kept in your room without a physician's order. This includes such things as laxatives, Tylenol, cough medicines, vitamins and herbal medicines. All medication is to be dispensed by New Vista Staff.

Many prescription medications are fully covered by BC Pharmacare. However, over the counter medications (that is, anything that can be bought without a prescription, such as Tylenol, multivitamins, calcium, cough syrup, etc.) are not covered. In addition, you are responsible for the payment of some treatments prescribed, such as complex wound care

products or foot creams, It is important to note that there is a long list of prescription items that are not paid for, including Fosamax, Aricept, Ebixa, and most new drugs. In some cases these are eligible for Special Authority and the physician can send a letter to Pharmacare requesting coverage.

If you have any questions regarding Pharmacy billings, please contact the pharmacy directly at:

Medical Pharmacies Group Limited (Medical Pharmacy #48) #180, 3700 North Fraser Way, Burnaby, BC V5J 5H4 Tel: 604-872-6762 ext.3 <a href="mailto:store48.billing@medicalpharmacies.com">store48.billing@medicalpharmacies.com</a>

# LAB AND X-RAY

Lab work (such as blood work) is routinely completed at New Vista; however, any X-rays/diagnostic investigations are completed at external centres. We rely on family members to accompany residents to medical appointments. Residents and their family are responsible for any and all transportation costs to and from appointments.

## EMERGENCY AMBULANCE

If needed, nursing staff will call an ambulance. Residents will be billed by BC Ambulance. (This bill will be put in the resident mail folder at the front desk or mailed to the First Contact).

## HAIRDRESSING

Hairdressing is located on main floor. Please contact the hairdresser, directly by phone at to make an appointment. Payment for this service should be made through the Trust Account by the Receptionist.

# **VISTA BOUTIQUE**

The Vista Boutique is operated by the New Vista Auxiliary and is open Monday, Wednesday, Friday and Saturday from 12:30 - 3:30. Greeting cards, gifts, toiletries, candy, quality used clothing, household items and collectibles are available. The boutique is staffed by volunteers. Proceeds go to the benefit of all residents.

## GIFTS AND TIPPING

Staff members are not permitted to accept tips or gifts. However, your verbal "thank you" is always appreciated and donations to the Society at front reception, are always gratefully accepted.

# 3. ENVIRONMENTAL SAFETY

## FIRE DRILLS

New Vista uses a fire plan that outlines procedures to be followed in the event of a fire. Regular fire drills and an annual evacuation drill are held so that staff remain fully trained. Residents may be asked to participate in these drills from time to time.

When the alarm sounds, residents and visitors should stay where they are and wait for instructions from staff.

## SECURITY

The front door of the Care Home is locked in the evening and throughout the night. The doorbell, security cameras and intercom allow you to gain access to the Care Home during these hours.

A visitor sign in/out book is located just inside the main door to the right.

All visitors coming into the facility MUST sign in and out in this log book. If you are taking a resident out for a Social Leave you must sign the SIGN IN and SIGN OUT book on the corresponding Village.

To ensure the safety of all residents, dementia and special care villages, all stairwells, and elevators from upper floors are secured with a key pad. Please see the Village Staff to obtain the exit code.

## SECURITY CAMERAS

Please note that there are cameras located in all common areas of the New Vista Care Home. These cameras are for safety and security purposes and as well as for our Simon Fraser University/Fraser Health Authority falls research project.

## 4. ROOM INFORMATION

**Resident Keys** 

When you move in you may be given a room key and a key for the locked dresser drawer. You or your family members must sign for these keys.

If a set of keys goes missing, staff will complete a search. A replacement set of key can be provided within maximum 72 hours for a **charge of \$5.00 per key**. Care Home staff will be happy to lock and unlock your room door during this waiting period

Resident keys are to be turned into the Nurse during periods of hospitalization. For safety considerations, <u>resident keys are not to be duplicated</u>.

#### Telephones

All rooms have been wired for telephone service. Should you wish to have a phone in your room, you will need to bring in your own phone and order your phone line from Telus.

To schedule the installation/transfer of phone service, please ensure when booking the service appointment it must only be from Monday to Friday, between 8:00 am to 4:00 pm.

Once you have the service booked please inform reception regarding date & time of when the contractor will be on site.

You or your family should contact the Telus service provider to arrange or discontinue your current service when you have received confirmation of your moving-in date. **Residents and/or their families are responsible for telephone bills**.

New Vista will help with arrangement for phone, cable and/or TV installation for residents that have no family to assist in this respect.

### TV and Cablevision

Flat screen smart televisions with full cable services are installed in lounge areas at New Vista for resident's enjoyment. Residents who would want a TV in their own room are welcome to bring one in, as long it does not exceed 50 inch size.

Each room has a wall mounting bracket that can hold a TV unit for a 32 to 50 inch screen. New Vista will make arrangements to have your TV mounted for \$25. **Older style box shaped TVs are not permitted.** 

All rooms are wired for Shaw cablevision, and can accommodate a Shaw Digital or HD Box for specialty channels. New Vista has been able to negotiate a favorable rate for cablevision services, but residents and/or their families are responsible to order for individual services and paying for cable bills. To order individual TV services, resident and /or related families have to call Shaw at 1-888-817-8997 to order the cable package that best fit their needs. Shaw has a team that will offer white glove service to ensure the proper fit of services.

### Computers & Internet

New Vista has two computers that are located in the main lobby and are available to any resident to use for internet access.

We are offering Wi-Fi network connection throughout the building for a flat fee of \$10/month. Should you wish to have an individual package for high speed internet in the resident room, you can make arrangements with Shaw, similar to cable television, and this will be the resident's and/or family's responsibility to pay for this service.

If you make arrangements with Shaw to come and install the internet, **please ensure that** service is booked any day Monday to Friday, between 8:00 am to 4:00 pm, and inform reception about it.

### Removal of Personal Effects

When a resident passes away, the room must be vacated of <u>all</u> belongings within twentyfour (24) hours as per Fraser Health. If family is not able to remove the belonging, staff are able to box up belongings or clean out the contents of the room, for a charge of \$200. This charge will be noted on the Resident Clearance form for Accounting to process.

# • REMOVAL AND DISPOSAL FEE: \$200.00 (includes us packing up the room and disposal)

The date the room is vacated of belongings will be noted on the Resident Clearance form for Accounting to process. Further questions and/or concerns should go to the Clinical Manager.

Please note that we do not have additional storage capabilities in our facility.

## 5. FINANCIAL INFORMATIION

## RESIDENTIAL CHARGES

The New Vista Care Home is a non-profit Complex Residential Care facility and a Health Service Provider within Fraser Health and the Provincial Continuing Care Program. As such, the cost of an individual's care is subsidized. You pay a monthly rent rate based on your after tax income, which is reviewed and established annually by the Fraser Health Authority. To ensure the Fraser Health Authority correctly sets your rent rate, you MUST file your Income Taxes on an annual basis. Your rent is payable in advance on a monthly basis (First business day of the month). You are required to have monthly rent payments setup by automatic withdrawal from your bank account. A \$30 fee will be charged for payments that went NSF or bounced back from the bank. A \$50 porter fee will also be charged annually. Please review the financial information in the Move-In Package and book an appointment to see the accountant (4<sup>th</sup> Floor) on the day you move in or as soon as possible for more details.

Upon discharge from the facility, you will have 24 hours to vacate the room. Any prepaid rent will be refunded back to you prorated to the days left unused. Additional charges will apply for packing and/or disposal of unwanted belongings. A list of charges is in your move-in package.

## TRUST ACCOUNT

Your Trust Account is set up by contacting reception. Deposit and withdrawal transactions are computerized and you will receive a receipt of every transaction.

You may access the Trust Account at reception between 9:00 and 4:00pm Monday to Friday - closed on Saturday, Sunday and Statutory Holidays. Please note that the Trust Account does not bear interest, and that a maximum of \$500.00 may be held in this account. It is the resident and/or family/POA's responsibility to monitor the Trust Fund balance. Monthly statements are provided.

For your convenience, it is possible to pay for the hairdresser, foot care service fee, massage therapy, recreation outings, Handy DART, wheelchair fees, taxi and tuck shop purchases through an automatic withdrawal from this account. No monies will be withdrawn without your signed consent or that of your POA.

Upon discharge, any remaining funds in the trust account will be refunded back you.

### LEAVES OF ABSENCE

We encourage you to visit friends or relatives and participate in community activities, as you are able.

### DAY LEAVES

Day leaves are available for most residents, however it is imperative that you report to the Care Desk and complete the sign-out book on your floor before leaving the building, and again when you return.

# Resident Care staff must be aware of your whereabouts in case of fire, Physician or Service Provider visits, meals and medication administration.

## Social Leave of 24 Hours or Longer

For any leave of 24 hours or longer, the following *Ministry of Health Policy* applies:

- Your rent will continue to be charged for all days of absence.
- You are limited to 30 days absence from the Care Home per calendar year. Any leaves of less than three days are not included in this total. Any leave more than 30 days in length must be specifically approved by Fraser Health Residential Care, and if not approved you will be responsible for the total per diem cost (approximately \$176.00 per day).
- For leaves of **more than** 24 hours **but less than** three days, we ask that you notify the Nurse 24 hours in advance so that medications can be ready to accompany you.
- For leaves of **three days or longer**, we ask that you provide the Nurse with 72 *hours notice* to allow for medication preparation by the Pharmacy.
- Please complete the sign-out book on your village when you leave and return. Please also leave a phone number where you can be reached.

## HOSPITAL LEAVE

In case of hospitalization, your room may be held for four to six (4 - 6) weeks, and you continue to pay your rent while you are hospitalized.

During this time the Patient Care Coordinator at the Hospital will liaise with New Vista and will monitor your progress and assess your ability to return to the Care Home. As with social leave, you will continue to be responsible for your rent at New Vista.

### MAIL

Please make arrangements to redirect your mail to the Care Home. We suggest that you arrange for pension cheques to be deposited directly into your bank account. Mail can be picked up at reception or mailed to the First Contact.

### TRANSPORTATION

Families are required to make arrangements for transportation and escorts to appointments.

# 6. FAMILY AND FRIENDS

We welcome and encourage family and friends to be involved as much as possible.

### VISITING TIMES

All relatives and friends are invited to visit freely throughout the day.

Visiting times are not limited; however we ask that you are considerate of your fellow neighbours. A doorbell and intercom are located at the entrance for after hour's entrance.

## FAMILY INFORMATION BOARD

A family information board is conveniently located for you just inside the main entrance to the right. We ask that each time you sign in to visit; you have a look at the information board for upcoming family events, notices, contact information and resources.

#### MULTICULTURALISM

The primary language spoken at New Vista is English. Staff make every effort to support each resident's cultural preferences. We encourage family members to participate in residents' cultural, ethnic, and language integration to the Care Home.

### FRIENDS AND FAMILY SUPPORT GROUP

What is the Friends and Family Support Group? It is a forum for family members and friends to meet with a common goal of enhancing the quality of life for their loved ones. The Friends and Family Support Group helps to facilitate communication between families and staff and meets monthly.

### VOLUNTEERS AND AUXILLARY PROGRAM

Volunteers are an integral part of the New Vista organization. They work in the Vista Boutique, assist with bingo, parties and happy hour to mention only a few things. Volunteers work with resident's one on one, providing companionship, teaching computer skills and work diligently in our gardens. A volunteer sewing service is available to residents for minor clothing repairs at a nominal fee.

# 7. COMPLIMENTS AND FEEDBACK

The Management, Staff and Resident Council would like to take this opportunity to encourage all compliments and feedback. We have included a copy of our "Compliments, Complaints and Concerns" and feedback form for you or your family to use. This can be done anonymously by leaving it in the 'Suggestion Box' by reception at the welcome centre. If we can answer any questions or be of assistance in any way please contact your Clinical Manager.

We work under and within the Residential Care Regulations. There is a Licencing officer assigned to our facility from Burnaby Licensing Office at: 604-918-7683

We also work with the Patient Care Quality Office, they can be reached at Phone (toll-free): 1-877-880-8823

### You can visit our web site at: <u>www.newvista.bc.ca</u>

## We Welcome you and Hope you will enjoy living at New Vista

# CONTACT INFORMATION Front desk phone number 604 - 521 - 7764

## **Resident Care Department**

Helle Johansen, **Director of Care** <u>hellej@newvista.bc.ca</u>

Kim Sofko, **Clinical Manager** Floor 2 and 3 <u>kims@newvista.bc.ca</u>

Rosa Go, **Clinical Manager** Floor 4 and 5 <u>rosago@newvista.bc.ca</u>

Tone Batt **Clinical Manager** Floor 6 and 7 toneb@newvista.bc.ca

Jun Asuan, **Manager Human Resources** juna@newvista.bc.ca

## **Therapeutic Services**

Pam Sahota, Manager of Recreation & Therapeutic Programs pams@newvista.bc.ca

## **Volunteers**

Marie Ferreira, **Campus Coordinator of Volunteers** <u>marief@newvista.bc.ca</u>

## Food Services, Housekeeping and Laundry

Greg Caverly, **Manager of Support/Food Services** <u>gcarvely@newvista.bc.ca</u>

Mirela Radu, **Manager of Environmental Services** <u>denisek@newvista.bc.ca</u>

Denise Koehn, **Clinical Dietician** <u>denisek@newvista.bc.ca</u>

## **Finance**

Kenny Eom, **Director of Finance** <u>kennye@newvista.bc.ca</u>

William Chui, **Sr. Accountant** <u>williamc@newvista.bc.ca</u>

Nevin Li, **Accountant** <u>nevinl@newvista.bc.ca</u>

## **COMPLIMENTS, COMPLAINTS, CONCERNS FORM**

#### **NEW VISTA CARE HOME**

Please put this form in the SUGGESTION BOX in the front foyer of the Care Home. TYPE OF FEEDBACK

**COMPLIMENT:** We appreciate you sharing positive feedback on any area of our services and care, or specific staff members.

\*\*Please indicate, and initial, if you consent to us sharing your compliment with our staff: 
Yes 
No

**COMPLAINT**: Please let us know if you are dissatisfied with any area of our services or care, providing as many details as necessary to enable us to effectively address and rectify the situation.

**CONCERN/SUGGESTION:** If you have a concern and/or a suggestion on how we can improve any area of our services or care, we appreciate you sharing it with us.

DATE: \_\_\_\_\_

Signature:	

\_\_\_\_\_Position: \_\_\_\_\_\_Date:\_\_\_\_\_Date:\_\_\_\_\_