





Willow Place Calendar of Events March 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|--|
| 1 8:30 DINING HOST 9:30-11:00 STRENGTH TRAINING 1:45 BALLOON TOSS 3:00 ST.ALBAN'S ANGLICAN CHURCH SERVICE, Fireside Lounge | 2 8:30 DINING HOST 9:30-11:00 STRENGTH TRAINING 1:45 TRIVIA 3:00 1-1 VISITS 6:15 ACTIVE GAMES 7:30 READING | 10 8:30 DINING HOST 9:45-12:00 STRENGTH TRAINING 1:15 LEISURE TROLLEY 3:00 1-1 VISITS 3:00 ACTIVE GAMES 4:30 MUSIC MEMORIES 6:15 WALKS & TALKS 7:30 TRIVIA | 4 8:30 DINING HOST 9:45-11:00 STRENGTH TRAINING 12:15 MUSIC WITH JOHN 1:45 BOWLING 3:00 ART AND CRAFTS 4:00 1-1 VISITS 7:00 MUSIC & MASSAGE | 5 8:30 DINING HOST PROGRAM 9:45 KEEP FIT 9:00-11:00 STRENGTH TRAINING 11:00 MENTAL AEROBICS 1:30 ACTIVE GAMES 3:00 HAPPY HOUR 3:30 1:1 VISITS | 6 10:00 KEEP FIT 11:00 ARTS & CRAFTS 11:45 1:1 VISITS 1:30 MUSIC & MASSAGE 3:00 DISCOVERY KIT | 7 9:45 ACTIVE GAMES 11:00 TRIVIA 1:30 COLOURING 3:00 SING ALONG (CLASSIC HYMNS & THE 50'S) 4:00 ONE TO ONE VISITS |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|---|
| <p>8</p> <p>8:30 DINING HOST</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC AND MASSAGE</p> <p>3:00 BURNABY GOSPEL HALL CHURCH SERVICE</p> | <p>9</p> <p>8:30 DINING HOST</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 TRIVIA</p> <p>3:00 VILLAGE WALKS & 1-1 VISITS</p> | <p>10</p> <p>8:30 DINING HOST</p> <p>9:45-12:00 STRENGTH TRAINING</p> <p>1:45 ACTIVE GAMES</p> <p>3:00 1-1 VISITS</p> <p>3:00 TRIVIA</p> <p>4:30 CARDS/PUZZLES</p> <p>6:15 MUSIC & MASSAGE</p> <p>7:00 PATHWAYS</p> | <p>11</p> <p>8:30 DINING HOST</p> <p>9:45-12:00 STRENGTH TRAINING</p> <p>12:00 MUSIC BY JOHN CRONIN</p> <p>1:15 ARTS AND CRAFTS</p> <p>3:00 1-1 VISITS</p> <p>6:15 ACTIVE GAME</p> <p>7:00 MUSIC & MASSAGE</p> | <p>12</p> <p>9:45 1-1 VISITS</p> <p>9:45-11:00 STRENGTH TRAINING</p> <p>2:00 MEMORIAL SERVICE</p> <p>2:00 CRAFTS</p> <p>4:15 1-1 VISITS</p> | <p>13</p> <p>9:45 KEEP FIT</p>  <p>10:30 MENTAL AEROBICS</p> <p>11:30 1-1 VISITS</p> <p>1:15 BALL TOSS</p> <p>3:30 ARMCHAIR TRAVEL</p> | <p>14</p> <p>9:45 WALKS & TALKS</p> <p>11:00 WORDGAMES</p> <p>1:30 CRAFTS</p> <p>3:00 ACTIVE GAMES</p> <p>4:00 ONE TO ONE VISITS</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|---|
| <p>15</p> <p>8:30 DINING HOST</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC AND MASSAGE</p> <p>3:00 CLASSICAL PIANO ENTERTAINMENT (Family Welcome!)</p> | <p>16</p> <p>8:30 DINING HOST</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC & MASSAGE</p> <p>3:00 LEISURE TROLLEY</p> | <p>17</p> <p>8:30 DINING HOST</p> <p>9:45-11:00 STRENGTH TRAINING</p> <p>11:00 CHOIR</p> <p>2:00 ST. PATRICK'S DAY CELEBRATION</p> <p>2:15 CRAFTS</p> <p>3:30 MENTAL AEROBICS</p> <p>6:15 BALLOON TOSS</p> <p>7:00 MUSIC & MASSAGE</p> | <p>18</p> <p>8:30 DINING HOST</p> <p>9:45-12:00 STRENGTH TRAINING</p> <p>12:15 MUSIC BY JOHN CRONIN</p> <p>2:00  </p> <p>3:00 ART AND CRAFTS</p> <p>4:00 1-1 VISITS</p> <p>7:00 MUSIC & MASSAGE</p> | <p>19</p> <p>8:30 DINING HOST</p> <p>9:45 KEEP FIT</p> <p>9:45-11:00 STRENGTH TRAINING</p> <p>11:00 MENTAL AEROBICS</p> <p>1:45 MANICURES</p> <p>3:00 HAPPY HOUR </p> <p>4:00 GAMES & PUZZLES</p> | <p>20</p> <p>10:00 KEEP FIT</p> <p>11:00 CRAFTS & COLOURING</p> <p>11:45 1:1 VISITS</p> <p>1:30 MUSIC AND MASSAGE</p> <p>3:00 DISCOVERY KIT</p> | <p>21</p> <p>9:45 KEEP FIT</p> <p>11:00 TRIVIA</p> <p>1:30 1:1 VISITS</p> <p>3:00 SING ALONG CLASSIC HYMNS</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|--|
| <p>22 8:30 DINING HOST</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 BALLOON TOSS</p> <p>3:00 CHRISTIAN REFORMED CHURCH SERVICE</p> <p>3:15 1-1 VISITS</p> | <p>23 8:30 DINING HOST P</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC AND MASSAGE</p> <p>3:00 VILLAGE WALKS & 1-1 VISITS</p> | <p>24 8:30 DINING HOST</p> <p>9:45-11:00 STRENGTH TRAINING</p> <p>11:00 CHOIR</p> <p>3:30 1-1 VISITS</p> <p>1:15 REMINISCING/ TRIVIA</p> <p>3:00 1:1 VISITS</p> <p>4:30 MANICURES</p> <p>6:15 PATHWAYS</p> <p>7:00 MUSIC & MASSAGE</p> | <p>25 8:30 DINING HOST</p> <p>9:45-12:00 STRENGTH TRAINING</p> <p>1:15 BALLOON TOSS</p> <p>3:00 ART AND CRAFTS</p> <p>4:30 1:1 VISITS/WALKS</p> <p>6:15 READING</p> <p>7:00 MUSIC & MASSAGE</p> | <p>26 8:30 DINING HOST</p> <p>9:45 KEEP FIT</p> <p>9:45-11:00 STRENGTH TRAINING</p> <p>11:00 MENTAL AEROBICS</p> <p>3:00 HAPPY HOUR</p> <p>3:15 BALLOON TOSS</p> <p>4:30 GAMES & PUZZLES</p> <p>HAPPY BIRTHDAY PIETJE</p>  | <p>27 10:00 KEEP FIT</p> <p>11:00 WORD GAMES</p> <p>1:30 MUSIC AND MASSAGE</p> <p>3:15 CRAFTS & COLOURING</p> <p>4:00 1:1 VISITS</p> | <p>28 10:00 ACTIVE GAMES</p> <p>11:00 TRIVIA & RIDDLES</p> <p>1:30 BALL TOSS</p> <p>3:15 ARTS & CRAFTS</p> <p>4:00 SENSORY ROOM</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|-----------|----------|--------|----------|
| | | | | | | |
| <p>29</p> <p>8:30 DINING HOSTESS</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC AND MASSAGE</p> <p>3:00 CLASSICAL PIANO ENTERTAINMENT (Family Welcome!)</p> <p>3:00 SENSORY ROOM</p> | <p>30</p> <p>8:30 DINING HOSTESS</p> <p>9:30-11:00 STRENGTH TRAINING</p> <p>1:45 MUSIC AND MASSAGE</p> <p>3:00 LEISURE TROLLEY</p> | <p>31</p> <p>8:30 DINING HOST</p> <p>9:45-12:00 STRENGTH TRAINING</p> <p>11:00 CHOIR</p> <p>1:15 1:1 VISITS & WALKS</p> <p>2:00 CONFEDERATION SINGERS ENTERTAINMENT</p> <p>3:30 ARTS & CRAFTS</p> <p>6:00 MUSIC & MASSAGE</p> <p>7:15 TRIVIA</p> | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | | |