













# May 2025

## 4th Floor South



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1 Hawaiian Luau</b> 10:00 Fun & Fitness 11:00 Trivia 2:30 Armchair Travel to Hawaii 	<b>2 Sunglasses Day</b>  11:00 Sunglasses Trends 2:30 Music & Massage 3:30 1-1 Visits	<b>3</b> 11:00 Balloon Toss 2:30 Spiritual Service 3:30 1-1 Visits
<b>4</b> 11:00 Fun & Fitness 2:30 Helping Hands	<b>5</b> 11:00 Breath & Stretch 2:30 Tennis 3:30 Music with Janaya 	<b>6</b> 10:00 Fun & Fitness 11:00 Resident Meeting 1:30 Balloon Toss 2:30 Magic Table 3:30 1-1 Visits	<b>7</b> 11:00 Fun & Fitness 1:30 Balloon Toss 2:30 Helping Hands 3:30 Music with Janaya 4:30 1-1 Visits 5:30 Bingo 	<b>8</b> 11:00 Breath & Stretch 1:30 Tennis 2:30 Short Films 3:30 1-1 Visits	<b>9</b> 11:00 Laughter Yoga 2:30 Ice Cream Social  3:30 1-1 Visits	<b>10 Migratory Bird Day</b> 11:00 Spiritual Services 2:30 Tips to Assist Migratory Birds 3:30 1-1 Visits
<b>11 Mother's Day</b>  11:00 Balloon Tennis 2:30 Mother's Day Craft	<b>12 Nurse's Week</b> 11:00 Breath & Stretch 2:30 Darts 3:30 Music with Janaya 	<b>13</b> 10:00 Breath & Stretch 11:00 Guess that Tune 1:30 Tennis 2:30 Magic Table 3:30 1-1 Visits	<b>14 Robin Hood Day</b> 11:00 Fun & Fitness 1:30 Ball & Racquet 2:30 Robin Hood 4:30 1-1 Visits 5:30 Guess that Sound	<b>15 Short Story Month</b> 11:00 Rhythmic Exercise 1:30 Ball & Racquet 2:30 Short Stories 3:30 1-1 Visits	<b>16 Fintastic Friday</b> 11:00 Musical Moments 2:30 Sharks  3:30 1-1 Visits	<b>17 A Cheesy Day</b> 11:00 Spiritual Moments 2:30 Cheesy Jokes 3:30 1-1 Music Cart
<b>18</b> 11:00 Fun & Fitness 2:30 Queen Victoria 	<b>19 Victoria Day</b> 	<b>20</b> 10:00 Rhythmic Exercise 1:30 Sing-along	<b>21 Turn Beauty Inside Out Day</b> 1:30 Volleyball 2:30 Inner Beauty Habits 4:30 1-1 Visits 5:30 Bingo 	<b>22 Eye Health Day</b>  11:00 Dancercise 1:30 Balloon Toss 2:30 Eye Health 3:30 1-1 Visits	<b>23 World Turtle Day</b>  11:00 Musical Moments 2:30 A Turtle's World 3:30 Music with Janaya 4:00 1-1 Visits	<b>24</b> 11:00 Percussions 2:30 Spiritual Service 3:30 1-1 Visits
<b>25</b> 11:00 Noodle Exercises 2:30 Helping Hands	<b>26</b> 11:00 Breath & Stretch 2:30 Tennis 3:30 Music with Janaya 	<b>27 Heat Sun Safety Day</b> 10:00 Fun & Fitness 11:00 Sun Safety Tips 1:30 Birthday Social  2:30 Melody Group 3:30 1-1 Visits	<b>28 Senior Health and Fitness Day</b> 11:00 Fun & Fitness 1:30 Balloon Toss 2:30 Patio Visit 4:30 1-1 Visits 5:30 Helping Hands	<b>29 Tops the Charts Day</b> 11:00 Noodle Exercise 1:30 Hockey 2:30 Songs Named after Women 3:30 1-1 Visits	<b>30 Manicure Day</b> 11:00 Balloon Toss 2:30 Nail Spa 3:30 1-1 Visits	<b>31</b> 11:00 Saturday Swing  2:30 Spiritual Service 3:30 1-1 Visits